

Speakers



Jacqueline Gray graduated from Dalhousie University College of pharmacy in 2008. She started her career in community but quickly made the switch to hospital pharmacy as a clinical pharmacist. It was in Truro, Nova Scotia where Jacqueline realized her strong passion for palliative care and how much of a difference a pharmacist can make with symptom management. She then furthered her education with palliative care as the focus point and completed her pharmD through the University of Florida. She has since completed numerous palliative education courses including becoming a LEAP Facilitator. Jacqueline moved to BC in 2016 for more career opportunities in Palliative care and she currently works at Abbotsford regional hospital on the inpatient palliative care and oncology complex units. She is also on the provincial Palliative education committee and is continuously looking for any opportunity to help enhance knowledge on pain and symptom management and the palliative approach.



Nicola Macpherson of Maple Ridge, BC, has faculty appointments in the UBC Departments of Medicine, and Anaesthesiology, Pharmacology & Therapeutics, as well as in Academic Family Medicine at the University of Saskatchewan, and the Cumming School of Medicine, University of Calgary.



Mino Mitri graduated from McGill University's medical school in 2011 and trained in the specialty of Internal Medicine at Queen's University. Fueled by a passion for education and palliative care, he pursued a Masters of Education while at Queen's University. His thesis, Perceptions of Physicians on the Adoption of a Palliative Care Approach in Patients with Chronic Obstructive Pulmonary Disease, birthed his advocacy for an earlier integration of a palliative care approach in the care of patients with any life-limiting illness. Throughout his medical residency training, Mino has gained a diversified exposure of the practice of palliative medicine in several centres across the country. He is part of the first national cohort enrolled in the Royal College Subspecialty Program of Palliative Medicine. While a resident physician at the University of British Columbia, Mino is pursuing further research in the care of patients with End-Stage Liver Disease. His goal is to advance the field of palliative care in non-cancerous conditions.



Pippa Hawley completed Internal Medicine training in New Zealand in 1986 after completing medical school and internship in England. She moved to Vancouver to work with Julio Montaner in HIV research, then completed Canadian Internal Medicine certification in Vancouver, including a 2-year self-directed Palliative Medicine fellowship. In 1997, she set up the Pain and Symptom Management/Palliative Care Program for the BC Cancer Agency and remains its medical leader. Dr. Hawley has research interests in many areas of supportive and palliative care, including the assessment and management of opioid-induced constipation, management of severe cancer pain, methadone for analgesia, management of radiation-induced mucositis, and the integration of palliative care into oncology. She is a Clinical Professor and Head of the UBC Division of Palliative Care.



Marney Thompson, M.A., is the bereavement coordinator at Victoria Hospice. Her main clinical and research interests are bereavement standards and assessment and complicated grief. She currently is involved with national bereavement education and support initiatives through Canadian Virtual Hospice, is an International partner with the Center for Complicated Grief at Columbia University and co-authored the award-winning book: "Transitions in Dying and Bereavement."



Master Class - Palliative Care Strong Growth

November 28, 2018

Accredited by UBC CPD



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This program was co-developed by UBC Division of Palliative Care and Victoria Hospice

AGENDA & LEARNING OBJECTIVES

8:30 - 8:45 WELCOME

Dr. Pippa Hawley
Head, UBC Division of Palliative Care

8:45 - 9:30 ADVANCES IN MANAGEMENT OF END STAGE LIVER DISEASE

Dr. Mino Mitri

1. Review symptom management particular to patients with ESLD
2. Reexamine prognosis and illness trajectory for patients with ESLD
3. Reframe serious conversations to provide ongoing support

1 Mainpro+ credit

9:30 - 9:45 QUESTIONS AND EVALUATIONS

9:45 - 10:30 LIDOCAINE AND KETAMINE: PRACTICAL TIPS

Dr. Nicola Macpherson

1. Describe the role of these medication in the management of opioid poorly responsive pain
2. Understand the safety concerns when using lidocaine infusions
3. Recognize when you might be in the therapeutic range for ketamine

1 Mainpro+ credit

10:30 - 10:45 QUESTIONS AND EVALUATIONS

10:45 - 11:15 BREAK

11:15 - 12:00 DRUG INTERACTIONS IN PALLIATIVE CARE: THE IMPORTANT AND THE NEW

Jacqueline Gray (PharmD)

1. Become aware of some potentially serious/fatal drug interactions in palliative care
2. Make safe medication choices that can potentially prevent significant drug interactions
3. Identify clinically relevant drug interactions in palliative patient population
4. Monitor for signs/symptoms of drug interactions

1 Mainpro+ credit

12:00 - 12:15 QUESTIONS AND EVALUATIONS

12:15 - 13:00 LUNCH

13:00 - 13:45 BEREAVEMENT SUPPORT: EVERYONE'S JOB?

Marney Thompson (MA)

1. Understand that grief does not proceed in stages
2. Learn a pluralistic framework for understanding grief
3. Be reminded of the highly undervalued skill of deep listening and presence

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13:45 - 14:00 QUESTIONS AND EVALUATIONS

14:00 - 14:45 METHADONE FOR PAIN: IMPROVING ACCESS FOR PATIENTS

Dr. Pippa Hawley

1. To understand the recent changes in regulatory environment regarding methadone prescribing
2. To understand the challenges of and need for transferring patients from a specialist service back to primary care once stabilized
3. To learn about some strategies for facilitating that transition safely

1 Mainpro+ credit

14:45 - 15:00 QUESTIONS AND EVALUATIONS

15:00 - 15:15 BREAK

15:15 - 16:00 WOUND CARE: NEW TECHNOLOGY FOR AN OLD TOPIC

Dr. Nicola Macpherson & Dr. Pippa Hawley

1. Describe the impact of malignant wounds on patients' quality of life
2. Describe a few different ways to manage the symptoms of "Never-healing" wounds
3. Interact with their local compounding pharmacist to develop patient-specific solutions

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16:00 - 16:15 QUESTIONS AND EVALUATIONS

16:15 - 16:30 CLOSING

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